

Dear Parent(s)/Guardian(s):

My name is Lauren Birston and I would like to introduce myself to you as the School Counselor at Midway Hills Academy. I am entering my 2nd year at MHA and I am thrilled to be your school counselor! I look forward to working with you and your child this year, and I will make every effort to see that your child receives as much personal assistance as possible.

The School Counseling program at Midway Hills Academy is based on the American School Counseling Association Model and our district standards. It includes a variety of services for ALL students and is designed to assist with interests and issues related to the stages of student growth in the areas of academic, career, personal, emotional, and social development. The following services will be offered for the 2025-2026 school year:

- Small group counseling sessions, with parent permission, for students focusing on: divorce, grief, study skills, friendship/social skills, and anger management. If you feel that your child needs assistance in any of these areas please let me know.
- Individual meetings to help students adjust to school or help with personal issues on an as needed basis.
- Classroom guidance lessons with emphasis on personal/social skills, bullying prevention, child protection, academic development (study skills), and career awareness.
- Referral assistance to other programs and services in the community.
- 504 eligibility determination and/or review meetings.

If you have any questions regarding the counseling program, please contact me at 478-457-2440 or email me at Lauren.Birston@baldwin.k12.ga.us. You can also access resources and make referrals by joining my Google Classroom using the class code: fyeee6o2. I look forward to working together with you this year to help ensure your child's success in school and life in general. We are going to have a great year!



Sincerely,

Lauren Birston
School Counselor
Midway Hills Academy

