



BCSD COVID-19 Quarantine and Isolation Protocols  
Effective December 7, 2020

Dear faculty and staff,

The CDC has issued updated guidance on the quarantine period for individuals identified as a close contact to a person who has tested positive for COVID-19. A person is identified as a close contact if they are less than 6 feet from the positive case for a period of 15 minutes or more. The BCSD response to COVID-19 protocols have been revised to reflect the updated CDC guidelines

[CDC Options to Reduce Quarantine 12.03.2020](#)

- Individuals identified as a close contact and do not live in a congregate setting (*Congregate settings include long term care facilities, jails, prisons, shelters, etc.*) that have a negative test result between day 5-7 can be off quarantine after day 7 (PCR or antigen tests are acceptable) with monitoring of symptoms through day 14. The individual should continue to follow BCSD safety protocols which include wearing a mask, taking temperature, social distancing and practicing proper oral and hand hygiene. It is highly suggested that the individual wear a mask at all times during days 8-14.

**After 7 full days have passed** since your most recent exposure occurred, if you fulfill **all THREE** of the following criteria, you may come out of quarantine:

**Are tested** for COVID-19,

- ✓ The test should be a diagnostic test (PCR or antigen) and the specimen for your test may not be collected more than 48 hours before the time of planned quarantine discontinuation. If you plan to discontinue quarantine after 7 full days, this means you should not have a sample collected for a test until after you have completed **5 full days** of quarantine
  - ✓ Receive a negative result, you may not discontinue quarantine until you have completed a minimum of 7 full days since your most recent exposure, even if you receive your negative test result earlier. If your result is positive, you must follow DPH isolation guidance <https://dph.georgia.gov/isolationcontact>
  - ✓ Do not experience any symptoms during your quarantine and monitoring period
- Individuals identified as a close contact who do not have a test done and do not have

symptoms can be off quarantine after day 10 with monitoring of symptoms through day 14. It is highly suggested that the individual wear a mask at all times during days 11-14.

**After 10 full days have passed** since your most recent exposure occurred, if you fulfill **BOTH** of the following criteria:

#### **Are not tested for COVID-19**

- ✓ **Are NOT tested** for COVID-19
- ✓ Do not experience any symptoms during your monitoring period

If you discontinue quarantine prior to 14 days, you should continue to monitor your health and follow mitigation strategies until 14 days after your most recent exposure and **isolate immediately if symptoms develop**. Mitigation strategies that should be practiced include correct and consistent mask use, social distancing, hand and cough hygiene, environmental cleaning and disinfection, avoiding crowds, and ensuring adequate indoor ventilation.

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

#### **BCSD Safety Protocols:**

Employees who are asymptomatic or who have been in close contact with a positive case and chose to take a COVID-19 test, should notify their immediate supervisor and **SHOULD NOT** report to work until the test results are returned. If you take a COVID-19 test for any reason **DO NOT** report to work until you have received your test results.

Employees should limit contact and exposure to one another as much as possible. Employees should work in their office or classroom, practice social distancing, wear personal protective equipment as appropriate, and take measures to sanitize and disinfect workspaces. The virus is transmitted mainly from person-to-person, between people who are in close contact with one another through respiratory droplets produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Some recent studies have suggested that COVID-19 may be spread by people who are not showing symptoms. Employees are expected to practice social distancing, wear personal protective equipment as appropriate, and take measures to sanitize and disinfect workspaces.

Employees who are identified as a close contact and required to quarantine using the BCSD contact tracing protocols, and work in a position that allows the employee to work from home, the employee will be required to follow all BCSD remote working guidelines. Employees who are identified as a close contact and required to quarantine using the BCSD contact tracing protocols, and work in a position that does not allow the employee to work from home, the employee will be required to use CARES leave days.